

Resources

Each site whether an **ancient monastic ruin**, a **holy well** or a **pilgrim path** has its own history and spirit and this should be honoured. Below are some suggestions that may be helpful to you if you should decide to organise a ritual with your friends and neighbours to your local holy place. You may consider including a scripture passage, prayers, song, sacred music, poetry or other appropriate material. We encourage you to engage with your own creativity.

Prayer

A Christian Prayer in Union with Creation - *Laudato Si'* paragraph 246, as quoted above.
St Patricks Breastplate.

The Canticle of Creatures - St Francis of Assisi

Three Folds of the Cloth - Ancient Celtic Trinitarian Prayer

Prayer for Universal Harmony – Loving Sister Earth

Scripture

Psalm 19

The Canticle(Book of Daniel Ch3)

God's care of all created things (Luke's gospel Ch 12).

Poetry

I See His Blood Upon the Rose by Joseph Mary Plunkett

The One by Patrick Kavanagh

Ireland by Helen Grealy

Blessings

Deep Peace of the Flowing Wave to You Ancient Celtic Blessing

A Beauty Blessing by John O'Donohue (*Divine Beauty*)

PRAYERS

Prayer for Universal Harmony

Creation Sings of the Glory of God.

Oh Holy Spirit of God

We stand united with all of humanity

Open our hearts to the melody of Your Divine Love

We ask for healing of all that we have damaged on this earth

Bring us to a new place

So that we may learn to sing in

Perfect Harmony with all of creation

Amen

Ancient Irish Prayer to the Trinity

Three folds of the cloth, yet only one cloth is there,
Three joints in the finger, but only one finger fair
Three leaves of the shamrock, yet no more than one shamrock to wear
Frost, snow-flakes and ice, all in water their origin share
Three Persons in God; to one God alone we make prayer.

Excerpts from St Patrick's Breastplate

I arise today
Through a mighty strength, the invocation of the Trinity,
Through belief in the Threeness,
Through confession of the Oneness
of the Creator of creation.

I arise today, through
The strength of heaven,
The light of the sun,
The radiance of the moon,
The splendour of fire,
The speed of lightning,
The swiftness of wind,
The depth of the sea,
The stability of the earth,
The firmness of rock.

I arise today, through,
God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's shield to protect me,
God's host to save me.

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,

Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

I arise today
Through mighty strength, the invocation of the Trinity,
Through belief in the Threeness,
Through confession of the Oneness,
Of the Creator of creation.

POETRY

The One

Green, blue, yellow and red-
God is down in the swamps and marshes
Sensational as April and almost incredible the flowering of our catharsis.
A humble scene in a backward place
Where no one important ever looked
The raving flowers looked up in the face
Of the One and the Endless, the Mind that has baulked
The profoundest of mortals. A primrose, a violet,
A violent wild iris-but mostly anonymous performers
Yet an important occasion as the Muse at her toilet
Prepared to inform the local farmers
That beautiful, beautiful, beautiful God
Was breathing His love by a cut-away bog.

Patrick Kavanagh

The Wayfarer

*The beauty of the world hath made me sad,
This beauty that will pass;
Sometimes my heart hath shaken with great joy
To see a leaping squirrel in a tree,
Or a red lady-bird upon a stalk,
Or little rabbits in a field at evening,
Lit by a slanting sun,
Or some green hill where shadows drifted by
Some quiet hill where mountainy man hath sown
And soon would reap; near to the gate of Heaven;
Or children with bare feet upon the sands*

*Of some ebb'd sea, or playing on the streets
Of little towns in Connacht,
Things young and happy.
And then my heart hath told me:
These will pass,
Will pass and change, will die and be no more,
Things bright and green, things young and happy;
And I have gone upon my way
Sorrowful.*

Patrick Pearse

I See His Blood Upon The Rose

I see His blood upon the rose
And in the stars the glory of His eyes
His body gleams amid the eternal snows
His stars fall from the skies.

I see His face in every flower
The thunder and the singing of birds
Are but His voice and carven by His power
Rocks are His written words.

All pathways by His feet are worn
His strong heart stirs the ever beating sea
His crown of thorns is twined with every thorn
His cross is every tree.

Joseph Mary Plunkett

IRELAND

Eriu, Eire, Ireland
Call me as you wish.
Troubled resilient proud
Strong in adversity,
Weak in power.

Entering a new phase
Resurrection on the horizon,
Spirit ablaze.
Once again offering Christianity
A new way, chemin neuf, bealach nua.

Helen Grealy

BLESSINGS

Deep Peace

Deep peace of the running wave to you,
Deep peace of the flowing air to you
Deep peace of the quiet earth to you,
Deep peace of the shining stars to you,
Deep peace of the Son of Peace to you.

Ancient Irish Blessing

A Beauty Blessing

As stillness in stone to silence is wed
May your heart be somewhere a God might dwell.

As a river flows in ideal sequence
May your soul discover time is presence.

As the moon absolves the dark of distance
May thought-light console your mind with brightness.

As the breath of light awakens colour
May the dawn anoint your eyes with wonder.

As spring rain softens the earth with surprise
May your winter places be kissed by light.

As the ocean dreams to the joy of dance
May the grace of change bring you elegance.

As clay anchors a tree in light and wind
May your outer life grow from peace within.

As twilight fills night with bright horizons
May Beauty await you at home beyond.

John O'Donohue